

Home Renovation for Older Adults

Almost 90% of people age 65 and over would like to remain in their homes and communities as long as possible. As we age, many of us will experience temporary or long-term functional challenges, but small to moderate modifications to a home can help navigate them. It's often less expensive than moving or senior living alternatives.



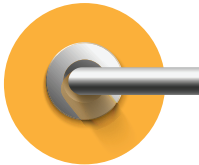
Simple Adjustments

Devices like Alexa or Google Home pair with in-home monitoring services and may have alerts for burglary, fires and carbon monoxide poisoning. Many of these devices can sync up with smart phones to call loved ones if a person needs help.

Install lever-style door handles, which are easier to grip for people who have arthritis or other conditions that limit motion.

Install grab bars in bathrooms and other strategic areas to help prevent slips and falls.

Remove anything that could be a trip hazard in the home, including rugs, cords, cluttered furniture, and other items that create a challenging walking path.



Larger Projects

Install a walk-in shower with grab bars and a slip-resistant sitting area.

Add a wheelchair ramp. Additionally, an elevator or chairlift that attaches to the stairs may help older adults move between floors.

Adjust countertops to stand at an accessible 30 inches off the floor to make them easier to use for someone using a wheelchair or scooter.

If doorways are narrow, consider expanding them to accommodate a wheelchair or other mobility device.



For information about home modifications and renovations for aging in place:

